

Morgan County Parks & Recreation

2026 Youth Volleyball Rules

1) Eligibility

- a) **Age Groups** will be as followed: 8u (minimum age of 7 as of May 1st 2026) 10u, 12u, 14u. (Cut off Birthday date is May 1st)
- b) Each team will receive two practices per week until games begin.
- c) Teams may have to play a double header throughout the duration of the season. If there is any problem with this, please let the Rec know as soon as possible.
- d) A player may only play on one (1) team per season. Morgan County Parks & Recreation will draft the teams.
- e) Rosters will consist of the minimum of 6 players and Maximum of 10 players.
- f) There will be an End of Season Tournament at the end of regular season games. All information will be given towards the end of the regular season.

2) Equipment

- a) All players will wear game shirts that are provided by Morgan County Parks & Recreation. The shirts must be worn during each game. Only one shirt per player will be provided.
- b) Players must wear shoes that are designed for indoor wood court surfaces. No turf shoes. Players may not play barefoot or in socks.
- c) **NO JEWELRY MAY BE WORN AT ANY TIME DURING A GAME.**
- d) Knee pads are optional but strongly recommended. Parents are responsible for purchasing knee pads if needed.
- e) 8u and 10u will play with a TachiKara Volley-Lite Volleyballs
- f) 12u and 14u will play with Official weight and size TachiKara Ball (NFHS approved)
- g) 14u will be provided 1 Libero Jersey per team for the season. If needed.

3) Coaches

- a) A maximum of two (2) coaches may be on the court or bench area at all league games. Only one coach may stand up during a game.

4) Court Specifications/Serving

- a) The court shall be 60 feet long and 30 feet wide.
- b) 8u Net Height 6.6 ft. Serve line 9ft Inside regulation line.
- c) 10u Net Height 7ft Serve line 7ft inside regulation line.
- d) **12u net height will be regulation (7ft 4 1/8in) serve can be from 7ft inside regulation or back.**
- e) 14u will have Regulation net height (7ft 4 1/8in.) Serve line will be regulation also.
- f) **SERVING NOTIFICATIONS:** A line will be marked in front of each base line for 8u, 10u, and 12u. A player can decide where to serve from when it is their time to serve. They cannot change their mind once they commit to a serving line.
- g) **8u & 10u:** will receive two (2) chance to serve the ball into play. One the player has a successful serve they will not receive a second serve chance again until after going thru a complete rotation. If 2nd attempt is also a failed serve the official will single for a side out and the point will be given to opposing team.

- h) Serve will be considered successful if it goes over the net. No second serve will be allowed if the ball goes over the net, but lands out of bounds.
- i) **8u & 10u will be allowed to serve under handed or overhanded.**
- j) **12u & 14u will only be allowed to serve OVERHANDED and will get one (1) attempt.**
- k) No server will score more than 5 points in a row. After 5 points, the official will whistle for an automatic side-out with no point, opposing team will then take the serve.
- l) Once the whistle has been blown the server has **10 seconds** to serve the ball.
- m) At the moment of the serve, all players except the server shall be within the team's playing area. No part of the player's body may be outside those lines. When a side-out is awarded to a team, that team shall rotate clockwise one position (front row rotates right and back row rotate left).
- n) If a team is showing dominance by 12 or more points, then that team will only be allowed one (1) chance to serve.

5) Playing Rules

a) Officials, Scorekeepers, Timeouts

- 1) One Head Official per match (on the Stand)
- 2) Host facility will provide a scoreboard keeper and stand Official.
- 3) **Each team will be asked to provide a line judge for every game.** Line judges will flag for ball landing inside or outside the boundary lines during games.
- 4) Prior to the match, officials shall meet with the head coaches and captains to discuss sportsmanship expectations. At this meeting, coaches shall verify all their players are wearing legal uniforms and equipment.
- 5) Each game will have a team captain. Before game begins captains will do a coin toss. Captain may elect to serve or receive.
- 6) **Each team will be granted TWO 30 second time-outs in the 1st and 2nd set, and ONE 30 second time out in the 3rd set.**

b) Scoring and Substitutions

- 1) Teams should be present at least fifteen (15) minutes prior to game time. A 5-minute grace period will be allowed. You can start a match with 5 players.
- 2) All games will be played by rally scoring rules. Every time the ball hits the floor a point will be awarded. There will be a point awarded with every side out (i.e. a point will be awarded with the change of serve). If the serving team makes the point, they will retain service. Serves may be played off the net as long as the ball goes over the net to the opposing team's side.
- 3) An official match shall consist of the best 2 out of 3 games.
- 4) A match shall consist of 60 minutes.
- 5) All games of a match are 25 points, 15 points for the 3rd deciding game if needed. Team must win by 2 points.
- 6) Six on six will be the style of play. A game may start with only 5 players; a ghost player will be used. The ghost player will carry a side-out (loss of point) when set to serve. The service will be awarded to the other team.
- 7) **Substitutions:** Substitutions will be allowed at time of rotation. Except for the player going into serving position. After play whistle has been blown substitutions will not be allowed. Players will enter **IN FRONT OF THE 10ft line**. Players will stand by the line whistle will be blown by official signaling substitutions. Player coming out will tag hands with sub before exiting the court.

6) Libero 14u

- a) The Libero can go in and out of any of the back-row positions at any time, libero cannot play in front row at any time.
- b) You do not have to use a libero, if not using a libero rule does not apply.
- c) The libero is only allowed to serve in one position in the service order
- d) Cannot set from front row by using overhead finger action while on or in the front of the line of attack (10 ft line)
- e) Can not block or attempt block.

7) Play time, Rule Changes, Forfeits

- a) **Players must play at least ONE COMPLETE rotation per match**
- b) The Morgan County Parks and Recreation Department reserves the right to add, delete or amend its rules, regulations, policies for the betterment of the program.
- c) A team failing to field five (5) players within 10 minutes after scheduled game time shall forfeit the games
- d) Any team coach or adult who withdraws a team from the court prior to the official completion of the game shall forfeit all rights to protest.

8) League Standings

- 1) In case of a tie for award positions at the conclusion of the season, the following tie-breaker procedures will be used to establish seeds for the post season tournament:
 - 2) Head-to-head results between teams tied.
 - 3) If teams split in the head-to-head games, point differential in those games will be used.
 - 4) If teams are still tied, point differential in all league games for the teams tied to be used.
 - 5) After first place has been determined, revert to

9) Coaches and Spectator Behavior

- a) No spectator shall be allowed on the court during the game.
- b) No one besides coaches and player will be allowed on team bench during the playing of games.
- c) If, in the opinion of the officials or park and recreation, a player, manager, coach, or spectator conducts themselves in an unsportsmanlike manner or commits any act which may maim or injure anyone, if deemed deliberate, they shall be removed from the facility and premises.
- d) A coach that is ejected from a game will be suspended for the following game.
- e) MCPR will determine if further suspension of coach, fan, or player is necessary.
- f) A second ejection will result in a automatic suspension for the remainder of the season, including any post tournament play.